

## **Voicemail script 1 – for Monday, July 25 (55 secs)**

You have only one week left to complete your CIGNA health assessment. If you have CIGNA insurance through the city, and you do not finish your assessment with your personal biometric numbers by midnight Sunday night, you will pay an additional 25 dollars each month for your medical insurance beginning Oct. 1.

We will not be extending the deadline. You must fully complete it by midnight Sunday or you will end up paying 25 dollars more per month.

All city of Houston employees who are members of a CIGNA health insurance plan must take the assessment or pay the increased rate.

The assessment takes less than 30 minutes to complete. To count toward avoiding the 25 dollars a month surcharge, your health assessment must include your personal height, weight, waist size, blood pressure and cholesterol numbers.

If you have started but not completed your assessment, you'll need to start from the beginning.

So, visit [www.mycigna.com](http://www.mycigna.com) and take the assessment. You have 175 reasons to take it, and there's no more time to wait.

You have less than seven days to complete the assessment if you want to avoid the surcharge.

Visit [www.mycigna.com](http://www.mycigna.com) now to take the assessment.

Thank you, and good health to you.

## **Voicemail script 2 – for Thursday, July 28 (45 secs)**

Only three days left for you to save 25 dollars each month.

Sunday is the final day you can take the CIGNA health assessment and avoid a 25 dollars a month increase in your monthly insurance contributions.

That's just three days away. Only three more days to avoid paying the extra 25 dollars per month between October and May.

If you take the assessment after Sunday, it won't count toward avoiding the surcharge. We will not be extending the deadline.

Sunday is the final day.

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The assessment takes less than 30 minutes to complete. To count toward avoiding the 25 dollars a month surcharge, your health assessment must include your personal height, weight, waist size, blood pressure and cholesterol numbers.

If you have started but not completed your assessment, you'll need to start from the beginning.

So, visit [www.mycigna.com](http://www.mycigna.com) and take the assessment. You have 175 reasons to take it, and there's no more time to wait.

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Thank you, and good health to you.